

Locanda Brain Health Summit

Kenwood in Sonoma Valley, CA at Locanda Estate August 4th, 5th and 6th 2022

August 4th – Thursday

3:00PM – 3:15 PM	Intro to the weekend Joseph Cleaver, MD - Conference Overview
3:15PM – 4:15PM	Lecture: Suzanne Turner, MD - Gut to Brain SYSTEMS Biology (Review of Cellular Metabolism of Neurons)
4:15PM – 5:15PM	Nootropics and Spermidine Benefits (Review available evidence in oral therapies for restoration on Brain Health) Part 1
5:15PM – 6:15PM	Lecture: Dale Guyer, MD - Integration of Mind, Body Gut and Spirit using peptides and Ketamine applications

Adjourn

August 5th – Friday

7:15AM – 8:15AM	Breakfast
8:15AM – 9:15AM	Lecture: Matthew Cook, MD - Ketamine, NAD and Peptides for the Brain - Protocols
9:15AM – 10:15AM	Lecture: Harry McIlroy, MD - PTSD and Low dose Psychedelics and Cannabinoids - Protocols
10:15AM – 10:30AM	Break
10:30AM – 11:30AM	Lecture: Dale Guyer, MD - Enhanced Delivery of Oral Amino Acid Chains Peptides) - Protocols
11:30AM – 12:00PM	Questions and Answers Mary Ann Coffey, R.PH, CCN *Focus on in Office Compounding of Peptides*

12:00PM – 1:00PM	Lunch
1:00PM – 2:00PM	Lecture: Lecture: Suzanne Turner, MD – Neurogenerative Disease (Clinical Senolytic Therapies & Protocols) Part 2
2:00PM – 3:00PM	Lecture: Joseph Cleaver, MD – Nootropic Senolytics and Viral Implications – protocols
3:00PM – 3:15PM	Lecture: non CME - TA Sciences
3:15PM – 3:30PM	Daily Wrap-Up and Q & A

Adjourn

6:00PM - 7:00PM	Cocktail hour – Food and Wine Pairing
7:00PM – 9:30PM	Italian Specialty Drink Bar - LIVE FIRE Wine Maker's Dinner at Locanda Estate (4 Course Food and Locanda Wine Pairing)

August 6th – Saturday

8:00AM – 9:00AM	Breakfast
9:00AM – 10:00AM	Lecture: Dr Patrick Porter - Science of Brain Fitness
10:00AM – 11:00AM	Lecture: Jay Campbell - How to fully optimize your Life Via the Body, Mind Heart and Soul
11:00AM – 12:00PM	Lecture: Joe Purita MD - Ozone, EBO2, Intermittent Hypoxia Therapy
12:00PM – 1:00PM	Lunch
1:00PM – 2:00PM	Lecture: AJ Farshchian, MD – Neuroregeneration
2:00PM – 4:00PM	Workshop: Hands on demonstration in Neuroregeneration

Adjourn

Gourmet Mexican Tacos POOL PARTY